COVID-19 LGBTQ2S+ Community Resources (Toronto Area)
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About this document
This is a list of online resources from organizations supporting the LGBTQ2S+ community, mostly in the Toronto area. Many of these resources are related to the COVID-19 coronavirus and where to get help and information. It will be updated as more resources are made available.

Toronto Public Library has additional COVID-19 resources, including those for families and people with disabilities.

COVID-19 Resource List
Helping Your Child Cope with COVID-19
Deaf & Disability Community Resources

General COVID-19 Resources

AIDS Committee of Toronto
COVID-19 Resources
Information, support and educational resources for people living with HIV/AIDS, their families and networks, with updates specific to the COVID-19 crisis and addressing myths and misinformation.

**Egale Canada**

**The Impact of COVID-19 on the LGBTQ2S Community**

Resources, information and support from a leading Canadian LGBTQ2S+ agency during the COVID-19 crisis.

**National Centre for Transgender Equality**

**The Coronavirus Guide**

Includes information on COVID-19 and links to resources and aid for transgender individuals and their families.

**Pride Toronto**

**COVID-19 Resources**

Resource lists for LGBTQ2S+ individuals, their friends and families, including financial resources, social support, mental health resources, and more.

**The 519**

**COVID-19 Resources**

Resources organized by subject, including financial information, community resources and social support, mental health resources and more.

## Community Programs & Events

**Buddies in Bad Times Theatre**

**Buddies in Bad Times Live Events**

Online events running throughout May and June in celebration of Pride. Includes programs for children and families.

**Glad Day Book Shop**

**GDTV Live Events**

Ongoing online programs, events and activities hosted via ZOOM. Please see the GDTV calendar for dates, times and more information.

**Flamingo Market**

**Pride Expo Online**

A virtual marketplace for LGBTQ2S+ business owners and makers running from June 1-30.
LavenderTO  
**LavenderTO QueerStream**  
Ongoing live and online programs, events and activities for LGBTQ2S+ women, trans and nonbinary folks, including ZOOM parties and an online book club.

Pride Toronto  
- **Virtual Pride**  
- **Virtual Pride Parade**  
Pride Toronto is taking its Pride Month events live and online throughout the month of June, including hosting a Virtual Pride Parade.

Families, Children & Youth

**Government of Ontario**  
**Ministry of Children and Youth LGBTQ+ Resources**  
Links to government information, resources and support for families and caregivers of LGBTQ2S+ children and youth.

**Griffin Centre**  
**Griffin Centre Mental Health Services**  
An accredited LGBTQ2S+ youth-focused agency providing access to resources, information and services relating to mental health and wellness.

**Egale Canada**  
**Egale Youth Services**  
Links to resources, information, support and advocacy for LGBTQ2S+ youth, their families and caregivers.

**LGBT Youthline**  
**LGBT Youthline**  
A crisis hotline for LGBTQ2S+ youth in need of information or support.

**Sherbourne Health Centre**  
**LGBTQ+ Parenting Network**  
A part of Sherbourne Family Health, the LGBTQ+ Parenting Network supports lesbian, gay, bisexual, trans, queer/questioning and two-spirited parenting through research, training, resources and community development.
Skylark Youth
- Skylark Youth LGBTQ Resources
- Parents of LGBTQ Youth
Links to resources, information and community supports for LGBTQ2S+ youth, their families and caregivers.

YMCA Sprott House
Providing Shelter for LGBTQ Youth in Toronto
A dedicated shelter for LGBTQ2S+ youth located near Bloor St. and Spadina Ave.

Trans Resources

ARCH Guelph
Transgender Care During COVID-19
Information, resources and education for transgender individuals, their families and networks during the COVID-19 crisis.

National Centre for Transgender Equality
Database of Localized Resources During COVID-19 Outbreak
A Google doc of local community resources for transgender individuals, their families and networks. Updates frequently.

Trans Lifeline
- The Community & COVID-19
- Peer Support Hotline
Information, support and resources for transgender individuals, their families and networks during COVID-19. Includes a Peer Support Hotline for those in crisis or looking for information.

Indigenous & Two-Spirited

Ontario Aboriginal HIV/AIDS Strategy
Ontario Aboriginal HIV/AIDS Strategy
Information, resources and support for First Nations individuals living with HIV/AIDS. During the COVID-19 crisis, distribution of harm reduction supplies and remote support is offered.

Two-Spirited People of the First Nations
Two Spirits Resources
Links to information, resources and support for Two-Spirited individuals, their families and networks.

Financial Resources

Pride Toronto
Additional Financial Resources
Links to important financial information and resources to support LGBTQ2S+ individuals and their families in need of direction or support during the COVID-19 crisis.

Prosper Canada
- Managing in Tough Times: COVID-19 Toolkit
- Financial Relief Navigator
Essential resources and information for those in need of financial guidance, counselling and support, especially during the COVID-19 crisis. The Financial Relief Navigator is an online tool that enables users to browse available benefits from the government, major banks, credit unions, utilities and telephone/internet providers.

The 519
THE 519 CVTIP Tax Clinics
A community-led free tax clinic for low-income individuals in need of help completing their income tax.

Mental Health & Harm Reduction

CAMH
- CAMH & COVID-19
- LGBTQ2S+ People and Mental Health
Resources and information for people experiencing mental health challenges and in search of support, especially during the COVID-19 crisis.

Toronto PFLAG
- Crisis Support Phone Line
- Resources for Youth
Crisis hotline for LGBTQ2S+ individuals in need of information or support. Also provides resources for youth.
Addiction Centre

The LGBTQ2S+ Community And Addiction

Free online information about the different aspects of drug and alcohol addiction for the LGBTQ2S+ community.