

COVID-19 LGBTQ2S+ Community Resources (Toronto & surrounding area)

Last updated: 2021-06-01

Contents

About this document	1
General COVID-19 Resources	1
Community Programs & Events	2
Families, Children & Youth	3
Trans Resources	4
Indigenous & Two-Spirited	4
Financial Resources	5
Mental Health & Harm Reduction.....	5

About this document

This is a list of online resources from organizations supporting the LGBTQ2S+ community, mostly in the Toronto area. Many of these resources are related to the COVID-19 coronavirus and where to get help and information. It will be updated as more resources are made available.

Toronto Public Library has additional COVID-19 resources, including those for families and people with disabilities.

- [COVID-19 Resource List](#)
- [Helping Your Child Cope with COVID-19](#)
- [Deaf & Disability Community Resources](#)

General COVID-19 Resources

Egale Canada

[Second National Report on the Impact of COVID-19 on the LGBTQI2S Community](#)

Resources, information and support from a leading Canadian LGBTQ2S+ agency during the COVID-19 crisis.

Government of Ontario

[Ontario Vaccine Booking Portal](#)

Book your COVID-19 vaccine online.

Pride Toronto

[COVID-19 Resources](#)

Resource lists for LGBTQ2S+ individuals, their friends and families, including financial resources, social support, mental health resources, and more.

The 519

[COVID-19 Resources](#)

Resources organized by subject, including financial information, community resources and social support, mental health resources and more.

Community Programs & Events

Buddies in Bad Times Theatre

[Buddies in Bad Times Live Events](#)

Online events running throughout May and June in celebration of Pride. Includes programs for children and families.

Glad Day Book Shop

[GDTV Live Events](#)

Ongoing online programs, events and activities hosted via ZOOM. Please see the GDTV calendar for dates, times and more information.

Flamingo Market

[Pride Expo Online](#)

A virtual marketplace for LGBTQ2S+ business owners and makers running from June 1-30.

LavenderTO

[LavenderTO QueerStream](#)

Ongoing live and online programs, events and activities for LGBTQ2S+ women, trans and nonbinary folks, including ZOOM parties and an online book club.

Pride Toronto

[Phygital Festival 2021](#)

Pride Toronto is taking its Pride Month events live and online throughout the month of June, including hosting a Virtual Pride Parade.

Families, Children & Youth

Government of Ontario

[Ministry of Children and Youth LGBTQ+ Resources](#)

Links to government information, resources and support for families and caregivers of LGBTQ2S+ children and youth.

Lumenus Community Services

[Lumenus Community Services](#)

An accredited LGBTQ2S+ youth-focused agency providing access to resources, information and services relating to mental health and wellness.

Egale Canada

[Egale Youth Services](#)

Links to resources, information, support and advocacy for LGBTQ2S+ youth, their families and caregivers.

LGBT Youthline

[LGBT Youthline](#)

A crisis hotline for LGBTQ2S+ youth in need of information or support.

Sherbourne Health Centre

[LGBTQ+ Parenting Network](#)

A part of Sherbourne Family Health, the LGBTQ+ Parenting Network supports lesbian, gay, bisexual, trans, queer/questioning and two-spirited parenting through research, training, resources and community development.

Skylark Youth

- **[Skylark Youth LGBTQ Resources](#)**
- **[Parents of LGBTQ Youth](#)**

Links to resources, information and community supports for LGBTQ2S+ youth, their families and caregivers.

YMCA Sprott House

[Providing Shelter for LGBTQ Youth in Toronto](#)

A dedicated shelter for LGBTQ2S+ youth located near Bloor St. and Spadina Ave.

Trans Resources

ARCH Guelph

[Transgender Care During COVID-19](#)

Information, resources and education for transgender individuals, their families and networks during the COVID-19 crisis.

Rainbow Health Ontario

[Trans Health Knowledge Base](#)

Includes health resources and FAQs for transgender individuals and their families.

Sherbourne Health

[Trans Health Care](#)

Health and support services for transgender and nonbinary clients.

Trans Lifeline

- **[Resources](#)**
- **[Peer Support Hotline](#)**

Information, support and resources for transgender individuals, their families and networks in Canada and the US. Includes a Peer Support Hotline for those in crisis or looking for information.

Indigenous & Two-Spirited

Ontario Aboriginal HIV/AIDS Strategy

[Ontario Aboriginal HIV/AIDS Strategy](#)

Information, resources and support for First Nations individuals living with HIV/AIDS. During the COVID-19 crisis, distribution of harm reduction supplies and remote support is offered.

Two-Spirited People of the First Nations

[Two Spirits Resources](#)

Links to information, resources and support for Two-Spirited individuals, their families and networks.

Financial Resources

Prosper Canada

- [Managing in Tough Times: COVID-19 Toolkit](#)
- [Financial Relief Navigator](#)

Essential resources and information for those in need of financial guidance, counselling and support, especially during the COVID-19 crisis. The Financial Relief Navigator is an online tool that enables users to browse available benefits from the government, major banks, credit unions, utilities and telephone/internet providers.

The 519

[THE 519 CVTIP Tax Clinics](#)

A community-led free tax clinic for low-income individuals in need of help completing their income tax.

Mental Health & Harm Reduction

CAMH

- [CAMH & COVID-19](#)
- [LGBTQ2S+ People and Mental Health](#)

Resources and information for people experiencing mental health challenges and in search of support, especially during the COVID-19 crisis.

Toronto PFLAG

- [Crisis Support Phone Line](#)
- [Resources for Youth](#)

Crisis hotline for LGBTQ2S+ individuals in need of information or support. Also provides resources for youth.

Addiction Centre

[The LGBTQ2S+ Community And Addiction](#)

Free online information about the different aspects of drug and alcohol addiction for the LGBTQ2S+ community.